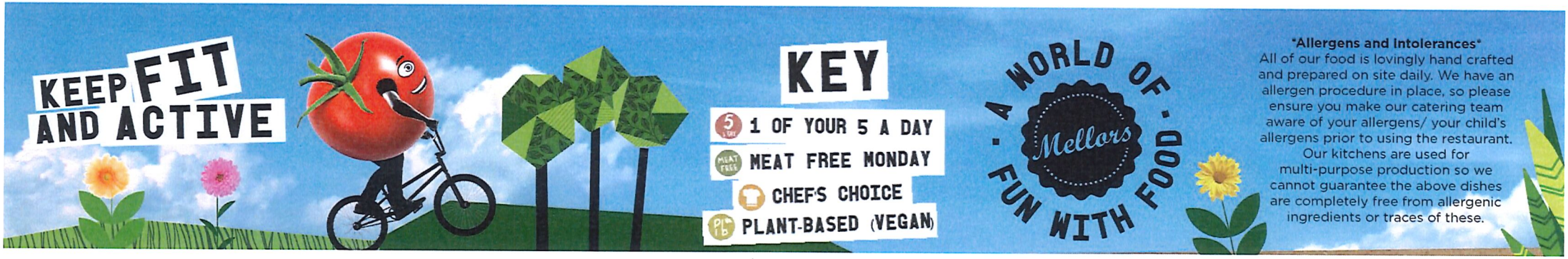
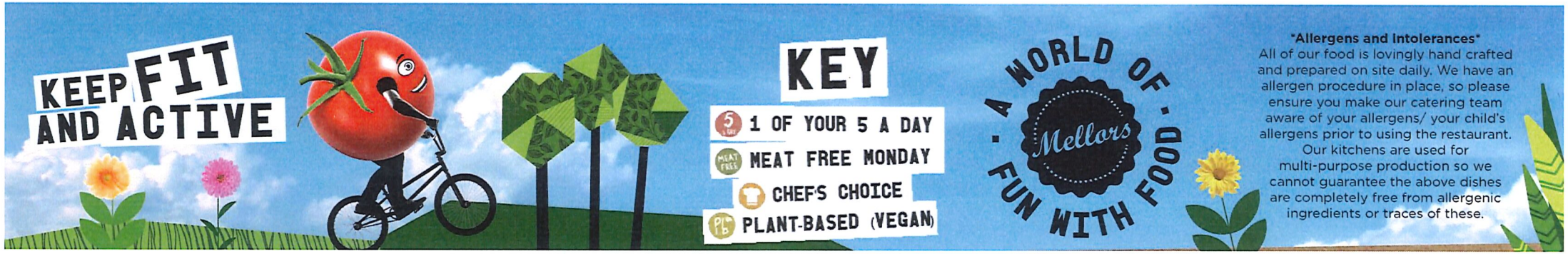
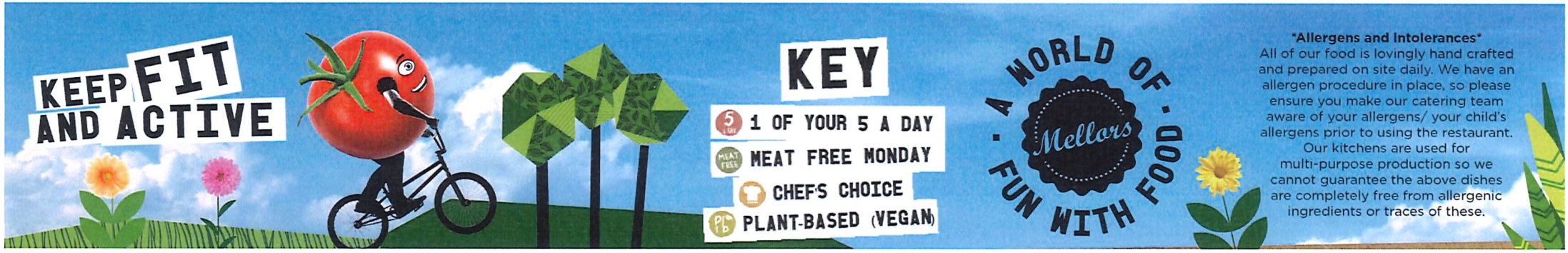
WEEK 1	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Homemade pizza served with potato wedges	Cool chilli-co-carne Served on a bed of rice with a pitta bread	Homemade Cottage pie	Chicken tikka served on a bed of rice with a naan bread	Battered fish & chips
Vegetarian Main dish	Chunky tomato pasta bake	Cheesy pasta	Vegtable pasta bake	Spaghetti with rustic tomato sauce	Hot dog
Accompaniments	Beans / sweetcorn & salad bar	Peas /beans & salad bar	Carrots / sweetcorn & Salad bar	Peas / sweetcorn & salad bar	Peas /curry /gravy & salad bar
Desserts	Fruity muffins	Ginger rounds	flapjack	Jam sponge & custard	Friday specials
Fresh fruit or yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



WEEK 2	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Bangers and mash	Pizza pin wheels served with potato wedges	Homemade lasagne Served with a garlic slice	Chicken balti served on a bed of rice with a naan bread	Fish fingers and chips
Vegetarian Main dish	Veggie chilli served on a bed of rice with a garlic slice	Homemade Cheese and onion pie	Tomato and roasted vegetable bake	Veggie bolognaise	Beef burger served in a bun with chips
Accompaniments	Baton carrots/ peas salad bar	Peas /beans & salad bar	Carrots / sweetcorn & Salad bar	Peas / sweetcorn & salad bar	Peas /curry /gravy & salad bar
Desserts	Homemade cookie	Jelly pots	Chocolate and pear Sponge served with custard	Angel cake	Friday specials
Fresh fruit or yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



WEEK 3	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main dish	Homemade pizza served with herby diced potatoes	Toad in the hole Served with a creamy mash	Spaghetti bolognaise Served with a garlic slice	Chicken korma served on a bed of rice with a naan bread	Fish fillet and chips
Vegetarian Main dish	Hot baguette of the day served with herby diced potatoes	Homemade Cheese slice	Breakfast barm	Curried vegetable stir fry	Nuggets and dips
Accompaniments	Baked beans/ peas salad bar	Baton carrots /beans & salad bar	Sweetcorn/beans & Salad bar	Peas / sweetcorn & salad bar	Peas /curry /gravy & salad bar
Desserts	Homemade chocolate orange sponge	Jammy buttons	flapjack	Lemon slice	Friday specials
Fresh fruit or yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt	Fresh fruit *or* Yoghurt
Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection